

## SESSION 1

<b>Monday, June 16</b>	<b>DETAILS</b>
9:00 AM - 9:15 AM	Check in, pinnie hand out
9:15 AM - 9:20 AM	Camp introduction, meet the staff
9:20 AM - 10:00 AM	Ground Ball fundamentals + stations
10:00 AM - 11:00 AM	Stick work fundamentals + stations
11:00 AM - 11:00 AM	3v3 Mini Games
<b>Tuesday, June 17</b>	<b>DETAILS</b>
9:00 AM - 9:10 AM	Check in
9:10 AM - 10:00 AM	Dodging/Defensive footwork fundamentals + stations
10:00 AM - 11:00 AM	Shooting fundamentals + stations
11:00 AM - 11:30 AM	3v3 Mini Games
<b>Wednesday, June 18</b>	<b>DETAILS</b>
9:00 AM - 9:10 AM	Check in
9:10 AM - 10:00 AM	Transition fundamentals + stations
10:00 AM - 10:45 AM	Settled Offense/Defense work
10:45 AM - 11:30 AM	Sixes Lacrosse

## SESSION 2

<b>Wednesday, June 18</b>	<b>DETAILS</b>
2:30 PM - 2:45 PM	Check in, pinnie hand out
2:45 PM - 3:00 PM	Camp introduction, meet the staff
3:00 PM - 3:45 PM	Ground Ball fundamentals + stations
3:45 PM - 4:30 PM	Stick work fundamentals + stations
4:30 PM - 5:00 PM	3v3 Mini Games
<b>Thursday, June 19</b>	<b>DETAILS</b>
2:30 PM - 2:40 PM	Check in
2:40 PM - 3:30 PM	Dodging/Defensive footwork fundamentals + stations
3:30 PM - 4:30 PM	Shooting fundamentals + stations
4:30 PM - 5:00 PM	3v3 Mini Games
<b>Friday, June 20</b>	<b>DETAILS</b>
2:30 PM - 2:45 PM	Check in
2:45 PM - 3:30 PM	Transition fundamentals + stations
3:30 PM - 4:15 PM	Settled Offense/Defense work
4:15 PM - 5:00 PM	Sixes Lacrosse